

NAME:

CAMPUS ID #:

Why I Make the Choices I Make

Read the numbered statement. Then on each line provided write the letter which best describes the occurrence of that issue in your academic life:

N: Never

S: Sometimes

A: Always

If your response is "N", you may go directly to the next numbered statement. If your response is S or A, briefly explain any possible underlying reason(s) or causes(s) for this occurrence.

1. It is _____ hard for me to concentrate on my studying. When it is hard to concentrate on my studying, it is because.....

2. I _____ cut classes. When I cut classes, it is because...

3. Partying/socializing _____ interferes with school. When partying/socializing interferes with school it is because.....

4. I work _____ (# hrs./wk). When work interferes with school it is because.....

5. I _____ procrastinate. When I procrastinate regarding homework, it is because...

6. I _____ put other things ahead of school. When I do not make school #1 it is because.....

7. I am _____ nervous while taking a test. When I am nervous while taking a test it is because.....

8. I _____ cram for exams. When I cram for exams it is because....

Recommendations:

Requirements:

Student's Signature: Date:

Advisor's Signature: Date:

Follow-Up Appointment: _____

Date: -- _____